

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Apr-17, May-15, Jun-12, Jul-10, Aug-07, Sep-04, Oct-02, Oct-30	Apr-18, May-16, Jun-13, Jul-11, Aug-08, Sep-05, Oct-03, Oct-31	Apr-19, May-17, Jun-14, Jul-12, Aug-09, Sep-06, Oct-04, Nov-01	Apr-20, May-18, Jun-15, Jul-13, Aug-10, Sep-07, Oct-05, Nov-02	Apr-21, May-19, Jun-16, Jul-14, Aug-11, Sep-08, Oct-06, Nov-03	Apr-22, May-20, Jun-17, Jul-15, Aug-12, Sep-09, Oct-07, Nov-04	Apr-23, May-21, Jun-18, Jul-16, Aug-13, Sep-10, Oct-08, Nov-05
Breakfast						
Oatmeal Banana Half Sausage Links Coffee Cake	Cream of Wheat Red Seedless Grapes Fried Egg Bacon Wheat Toast	Malt-O-Meal Melon Cubes Scrambled Egg with Cheese Wheat Toast	Oatmeal Sliced Peaches Egg & Ham Bake Caramel Roll Mini	Cream of Wheat Pineapple Scrambled Eggs Sausage Links Wheat English Muffin	Oatmeal Berry Cup Scrambled Egg with Cheese Cinnamon Toast	Malt-O-Meal Sliced Pears Biscuit Sausage Gravy
Lunch						
Meatloaf Parm Mashed Potatoes Peas, Gr Beans & Carrots Fruit Pie	Smothered Pork Chop Garden Blend Rice Buttered Corn Pudding	Philly Cheese Steak Sandwich Italian Pasta Salad Cheesecake	Meatballs with Sauce Spaghetti Noodles Italian Vegetable Blend with Broccoli Garlic Bread Chilled Pears	Shredded Pork Sandwich Dill Potato Salad Key Lime Pie	Chopped Steak with Mushroom Gravy Mashed Potatoes Broc, Carrots Orange & Yellow, Cauliflower Assorted Ice Cream	Chicken Kiev Mashed Potatoes Chicken Gravy Buttered Corn Fruit Cocktail
Dinner						
Deli Sandwich on Wheat Bread Three Bean Salad Pineapple	Crispy Chicken Salad Assorted Salad Dressing Peach Halves	Macaroni Tuna Salad Tomato & Cucumber Slices Chocolate Brownie	Grilled Two Cheese Sandwich Cream of Tomato Soup Saltine Crackers Creamy Cucumber and Onion Salad Whipped Gelatin	Supreme Pizza Tossed Salad with Dressing Diet Fruit Basket Crumble	Herb & Lemon Cod Loin Creamy Dill Sauce Oven Roasted Potatoes Carrot Coins Strawberry Shortcake	Grilled Hamburger on Wheat Bun Lettuce Tomato Onion & Pickle Beans Calico Creamy Coleslaw Sherbet

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Apr-24, May-22, Jun-19, Jul-17, Aug-14, Sep-11, Oct-09, Nov-06	Apr-25, May-23, Jun-20, Jul-18, Aug-15, Sep-12, Oct-10, Nov-07	Apr-26, May-24, Jun-21, Jul-19, Aug-16, Sep-13, Oct-11, Nov-08	Apr-27, May-25, Jun-22, Jul-20, Aug-17, Sep-14, Oct-12, Nov-09	Apr-28, May-26, Jun-23, Jul-21, Aug-18, Sep-15, Oct-13, Nov-10	Apr-29, May-27, Jun-24, Jul-22, Aug-19, Sep-16, Oct-14, Nov-11	Apr-30, May-28, Jun-25, Jul-23, Aug-20, Sep-17, Oct-15, Nov-12
Breakfast						
Oatmeal Banana Half Bacon Mini Cinnamon Roll	Cream of Wheat Red Seedless Grapes Fried Egg Raisin Toast	Malt-O-Meal Melon Cubes Cheese Omelet Sauteed Peppers & Onions Sausage Links Wheat English Muffin	Oatmeal Sliced Peaches Poached Egg Wheat Toast	Cream of Wheat Pineapple Bacon Pancakes Syrup	Oatmeal Berry Cup Scrambled Egg with Cheese Cinnamon Toast	Malt-O-Meal Sliced Pears Scrambled Eggs Wheat Toast Margarine & Jelly
Lunch						
Italian Style Steak Parmesan Noodles Roasted Brussels Sprouts Chocolate Cream Pie	Chicken BBQ [3] (b:Thigh) Rosemary Garlic Potatoes Green Beans Mandarin Oranges	Beef Stroganoff Egg Noodles Asparagus Sherbet	Egg Roll Pork Fried Rice Oriental Vegetable Blend Diet Hawaiian Fruit Cup	Corn Dog French Fries Carrot and Bean Veg Blend Cheesecake	Bratwurst Links Creamy Pasta Salad Potato Chips Scalloped Apples	Bacon Wrapped Beef Patty Baked Potato Sour Cream Sliced Carrots Peanut Butter Cookie
Dinner						
Beef Chili with Beans Sour Cream Tossed Salad with Dressing Raspberry Ribbon Delight Gelatin	Sloppy Joe on a Bun Potato Chips Creamy Coleslaw Confetti Cake	Tater Tot Casserole Dinner Roll Cherry Banana Gelatin	Pit Ham Warm German Potato Salad Baked Beans Lemon Bar	Beef Soft Tacos Salsa Sour Cream Spanish Rice Fajita Vegetable Blend Pudding Swirl	Chicken Pot Pie Wheat Dinner Roll or Bread Margarine Lime Gelatin	Chicken Tenders Dipping Sauce Fancy Macaroni & Cheese Baked Tomatoes Diet Fruit Salad

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May-01, May-29, Jun-26, Jul-24, Aug-21, Sep-18, Oct-16, Nov-13	May-02, May-30, Jun-27, Jul-25, Aug-22, Sep-19, Oct-17, Nov-14	May-03, May-31, Jun-28, Jul-26, Aug-23, Sep-20, Oct-18, Nov-15	May-04, Jun-01, Jun-29, Jul-27, Aug-24, Sep-21, Oct-19, Nov-16	May-05, Jun-02, Jun-30, Jul-28, Aug-25, Sep-22, Oct-20, Nov-17	May-06, Jun-03, Jul-01, Jul-29, Aug-26, Sep-23, Oct-21, Nov-18	May-07, Jun-04, Jul-02, Jul-30, Aug-27, Sep-24, Oct-22, Nov-19
Breakfast						
Oatmeal Banana Half Sausage Links Coffee Cake	Wheat Toast Malt-O-Meal Red Seedless Grapes Scrambled Eggs	Cream of Wheat Melon Cubes Fried Egg Wheat Toast Pit Ham	Oatmeal Sliced Peaches Sausage Links Hard Cooked Egg Wheat English Muffin	Cream of Wheat Pineapple Scrambled Eggs Bacon Cinnamon Toast	Malt-O-Meal Berry Cup Egg Sausage Breakfast Sandwich	Oatmeal Sliced Pears Biscuit Sausage Gravy
Lunch						
Sliced Baked Ham Whipped Sweet Potatoes Parslied Cauliflower Diet Fruited Gelatin	Oven-Fried Chicken Tri-Color Oven Roasted Potatoes Tomatoes with Peppers and Onion Fruit Cup	Beef Stew with Mushrooms Biscuit Chocolate Brownie	Breaded Pork Cutlet Mashed Red Skin Potatoes Brown Gravy Wax Beans Cookie	Lasagna with Meatsauce Garlic Bread Green Beans Forest Pears	Fried Tilapia Tartar Sauce Rice Pilaf Buttered Corn Citrus Banana Cup	Roast Turkey Turkey Gravy Bread Dressing Bean, Carrot & Summer Squash Veg Blend Pineapple Upside Down Cake
Dinner						
Breaded Shrimp Cocktail Sauce Tartar Sauce Creamed Peas Creamy Diced Potatoes with Onion Apricot Halves	BLT Sandwich Broccoli Salad Ice Cream	Chicken Stuffing Bake Diced Beets Mandarin Orange Gelatin	Grilled Ham & Cheese Sandwich Layered Pea Salad Pickle Spear Bread Pudding	Bratwurst Links Sauerkraut on a Bun Baked Beans Creamy Coleslaw Cream Puff Dessert	Smoked Turkey Club Sandwich Potato Chips Pickle Spear White Cake with Chocolate Frosting	Hamburger Gravy Mashed Potatoes Carrot and Bean Veg Blend Peanut Butter Cake

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May-08, Jun-05, Jul-03, Jul-31, Aug-28, Sep-25, Oct-23, Nov-20	May-09, Jun-06, Jul-04, Aug-01, Aug-29, Sep-26, Oct-24	May-10, Jun-07, Jul-05, Aug-02, Aug-30, Sep-27, Oct-25	May-11, Jun-08, Jul-06, Aug-03, Aug-31, Sep-28, Oct-26	May-12, Jun-09, Jul-07, Aug-04, Sep-01, Sep-29, Oct-27	May-13, Jun-10, Jul-08, Aug-05, Sep-02, Sep-30, Oct-28	May-14, Jun-11, Jul-09, Aug-06, Sep-03, Oct-01, Oct-29
Breakfast						
Oatmeal Banana Half Bacon Caramel Roll Mini	Cream of Wheat Red Seedless Grapes Fried Egg Hashbrowns Wheat Toast	Malt-O-Meal Melon Cubes Scrambled Egg with Cheese Wheat Toast Margarine & Jelly	Oatmeal Sliced Peaches Eggs Benedict	Cream of Wheat Pineapple Scrambled Eggs Wheat Toast Margarine & Jelly	Oatmeal Berry Cup French Toast Sausage Links Margarine & Syrup	Malt-O-Meal Sliced Pears Scrambled Eggs Wheat English Muffin Margarine & Jelly
Lunch						
Pepper Steak with Gravy Mashed Potatoes Broccoli Cauliflower & Carrot Red Velvet Cake	Grilled Chicken Breast White Sauce Parslied New Potatoes Whole Kernel Corn Apple Cherry Gelatin	Swedish Meatballs Mashed Potatoes Carrot and Bean Veg Blend Banana Pudding	Potatoes & Carrots *Beef Pot Roast with [3] (conv) Beef Gravy Chocolate Pudding Cake	Chicken Chow Mein with Rice Oriental Vegetable Blend Fortune Cookie	Cheesy Hashbrowns Beer Battered Fish Tartar Sauce Green Beans Lemon Pudding Cake	Ham & Potato Casserole Brussels Sprouts Medley - Roast Assorted Ice Cream
Dinner						
Seafood Salad Cheese Biscuit Fruit Fling	Shepherd's Pie Wheat Dinner Roll or Bread Margarine Chocolate Chip Bar	Diet Apple Pork Chop Onion Gravy Bread Dressing Green Beans Pineapple and Mandarin Oranges	BBQ Pork Ribette on a Bun Sour Cream Cucumber Salad Caramel Brownie	Egg Salad on Wheat Bread Carrot Raisin Salad Watermelon	Penne Baked w/Italian Sausage [2] Garlic Bread Margarine Apricot Halves	Goulash Green Beans Wheat Dinner Roll or Bread Margarine Cherry Banana Gelatin